



NEWSLETTER SUMMER 2010



Farewell to Carole and Welcome to Carol!

Carole Gosden has retired as Project Manager after 15 years with MAECare. A special event was held for her at Alwoodley Park Methodist Church on Friday 23rd April 2010. This was attended by staff, members of MAECare and the Management Committee, and colleagues from the Neighbourhood Network, who have known Carole for many years. The afternoon was enjoyed by all.



Carol Burns joined MAECare as the new Project Manager on 7th June. She has just returned from a 'gap year' for the over 50s, working with Voluntary Services Overseas (VSO) as a management adviser in Sri Lanka. Previously she managed services for vulnerable parents and children and was the director of Womens Health Matters in Leeds.



Carol says "I am looking forward to getting to know the members of MAECare".

Healthy Living Day

Our next Healthy Living Day is on Thursday 26th August at Shadwell Methodist Church. Please see the attached insert and booking form for further details.

A new exciting project is starting at MAECare visiting older people in a nursing home in Moortown. This will build on what we have learnt from the existing Friendly Visiting scheme. The new scheme will help residents to make new relationships and remain part of the local community. If you or someone you know is a good listener, and have time to give, get in touch. Specific training for this work will be given and will include the opportunity to learn basic hand massage techniques.

POTENTIAL NEW MAECARE GROUPS—ARE YOU INTERESTED?

MAECare are thinking of developing some new groups in the community. We would like to know if you would be interested in joining a yoga group, a community choir and an orchestra (jointly with local schools). If you would like more information or express an interest please contact Julie at the office.

Silver Surfers

MAECare has vacancies for some new Silver Surfers. If you would like a one-to-one session to learn more about how to use a computer, send e-mails or surf the internet, ring the office to arrange a time.



Supported by
The National Lottery
through the Big Lottery Fund



FUTURE OUTINGS

Christmas Shopping at the White Rose Shopping Centre *Tuesday 16 November 2010*

This trip is particularly designed for those who need to use a wheelchair or other mobility aid. Self propelled or battery driven wheelchairs can be accommodated on our transport but because of health and safety requirements we shall not be able to push any chairs. Anyone who needs such help will need to bring a carer. Shopmobility scooters will be reserved at the Centre for those who ask for them on the booking sheet. Passengers will be picked up at home at about 10am and should be home again by about 3.30pm. **Fare £5.**

UPDATES

Yorkshire Air Museum Trip

There are a few seats still available for the trip to the Yorkshire Air Museum on Wednesday 15 September 2010 at £12 per head. Please contact Elisabeth if you would like to go or if you want any further information - 269 1101.



Recent visits to Beningbrough Hall and Oswaldtwistle Mills



The two recent outings were enjoyed by everyone who attended and we received some lovely compliments from people, especially following the Beningbrough Hall trip.

One compliment received said that "the outings you do for us are really wonderful and we do appreciate them". A big thank you to all who took the trouble to let MAECare know that you really look forward to these special days out.

Membership Subscriptions

Membership Subscriptions for the year 2010 to 2011 fell due in April and, whilst many members have already paid and received their blue membership card for the year, a number of subscriptions remain outstanding. The card, which costs £10 per person or £17 for a couple, entitles members to book for outings, attend groups and events, use the VCS and order Winter Warmers items. The income from the subscriptions, which amounted to a little over £4300 last year, helps towards core running costs and demonstrates to MAECare's funders that local people really



EVERYBODY WELCOME

do value the organisation and feel that it is worth supporting. If you have mislaid the blue subscription form which came with your Spring newsletter, simply telephone 266 0371 or call in to the office in person and we can easily sort it out. Thank you once again.

Can you help?

Each quarter MAECare publishes a newsletter which is distributed to all of our members. We regularly rely upon a team of volunteers who hand deliver newsletters all around the MAECare (Leeds 17) area.



We should now like to recruit a few more volunteers to assist and help to deliver newsletters. So if any of you are able to spare a couple of hours every quarter, to help deliver these newsletters around the streets where you live, then please contact Lisa, our Administrator, on 266 0371.

Moor Allerton Elderly Care - 57 Cranmer Bank, Leeds LS17 5JD - Tel: 266 0371